



"The best road race  
by a dam site"



# 2023 Road Race

July 4, 2023 - Alma, NE

**Sponsored by:**  
Harlan County Health System  
In Conjunction with:  
Alma Chamber of Commerce



# Road Race 2023

We invite you to participate in the “Best Road Race by a Dam Site”! Races include a 10k, 5k, and a 2 mile Fun run/walk. These events are open to all participants of all abilities and we encourage you to enter regardless of your experience! The 10k is only open to runners and joggers, no walkers please.

Bring your whole family and spend the day in Alma! Included in the day’s activities are the following: Parade @ 10:30 am, Art and Lunch in the Park @ 11:30 am, Shopping, and Golf. Also available: Fishing, ATV-ing, Swimming, Water Skiing, Camping, and Fireworks at The Harlan County Reservoir @ 10 pm.

Call Taylor Molzahn at 308.928.3013 for more information.

I am entering at my own risk and assume any responsibility for injuries I may incur as a direct result of participation in this event. I hereby release and waive my heirs and executors for any and all rights and claims for damages against the Alma Chamber of Commerce, Flower Patch, or the Road Race Event officials for injuries suffered by me in connection with the event. I fully understand the entry fees are non-refundable.

Signature

Parent/Guardian Signature (if 18 or younger)

# Awards

- \*Free T-Shirts to ALL participants registered by June 16, 2023
- \*Free entry for 2022 5k & 10k race winners
- \*Prizes to top 3 places in men’s and women’s:  
1) age divisions 2) 5k races 3) 10k races
- \*Must be present to win

You can find your race results at [almacity.com](http://almacity.com) & [almanechamber.com](http://almanechamber.com)

# Race Schedules/Divisions

- Check in 7-7:30am at Alma High School Football Field & Track.
- 2 Mile Fun run/walk starts at 7:45am.
- 5k and 10k races start at 8:00am.
- Entry Forms/Waiver Forms mailed/dropped off to Harlan County Health System with checks payable to Alma Chamber of Commerce.

Harlan County Health System  
PO Box 836  
717 N Brown St.  
Alma, NE 68920

Office: 308.928.3013  
Cell: 402.300.0372



# Road Race Sign-up Form

<b>Sign up for:</b> <b>(Check Event of Interest)</b>	<b>Shirt Size:</b> <b>(Circle)</b>
<input type="checkbox"/> Men's 10K	Youth S      Adult L
<input type="checkbox"/> Women's 10K	Youth M      Adult XL
<input type="checkbox"/> Men's 5K	Youth L      Adult 2XL
<input type="checkbox"/> Women's 5K	Adult S      Adult 3XL
<input type="checkbox"/> 2 Mile Fun run/walk	Adult M

Name (Please Print) \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**\$30 Entry Fee Per Person**

**\*Checks payable to Alma Chamber of Commerce\***  
**Sign Up Link:**



**\*\*Mail the Waiver Form, Sign-up Form, & Entry Fee to: Harlan County Health System, Attn: Taylor**

**\*Family Plan (4 people or over) - \$28 Per Person.**  
**\*Free Entry for the 2022 5K & 10K Winners**

**\*Go to [www.almacity.com](http://www.almacity.com) under the Current News to view the printable brochure and flyer.**

Signature	Date
_____	_____
Age	
_____	